Mayim Mayim

Calvin Campbell

I learned this Israeli folk dance over fifty years ago and i'm pleased to find that it is still danced today. I found a YouTube video with excellent instructions on how to do the dance. (Click Here) You will notice that the name of the dance is spelled differently. I had to adapt my search criteria to find it. I also found a good example of the dance being performed. (Click Here).

The music I've used for all of these years is a recording sold by the Lloyd Shaw Foundation. (Click Here.)

The LSF also has a cue sheet available for downloading as a .pdf. (Click Here).

I include some international folk dances in my Community Dancing. I haven't been able to introduce many of these dances because there is just to many other dances I like to use. I still enjoy dancing them myself. I also like to include some in this blog. I hope you enjoy this one.